



DYNAMIC SPLINTS IN SPRING STEEL AND THE USE OF SPRINGS FOR STIFFNESS AND PERIPHERAL NERVE INJURIES OF THE HAND

**14–15 NOVEMBER
2026, MENDRISIO**

**COURSE FEE: 600 CHF
CHF 540 FOR AIRM OR ASE MEMBERS**

SPEAKERS: DAVIDE ZANIN PASQUALE ARCURI

SCIENTIFIC DIRECTOR: SARA RUSCITTI



DAY 1

- 08:30 – Course introduction
- 08:45 – Use of metal and alternative materials in splint fabrication
- 09:15 – Splints for the treatment of stiffness of the long fingers
- 09:45 – PRACTICAL SESSION: Progressive static splint for PIP joint flexion stiffness
- 10:30 – Coffee break
- 10:45 – Dynamic splints in the treatment of extensor mechanism injuries
- 11:00 – PRACTICAL SESSION: Capener-type dynamic splint
- 12:30 – Lunch break
- 13:30 – Mobilisation splints for the treatment of wrist stiffness
- 14:00 – PRACTICAL SESSION: Mobilisation splint for wrist extension/flexion
- 15:30 – Coffee break
- 15:45 – Mobilisation splints for the treatment of extrinsic muscle tightness and adhesions of the hand
- 17:30 – End of the day

DAY 2

- 08:30 – Elbow stiffness
- 09:00 – PRACTICAL SESSION: Mobilisation splints for elbow flexion stiffness
- 10:30 – Coffee break
- 10:45 – PRACTICAL SESSION: Mobilisation splints for forearm pronation-supination
- 12:30 – Lunch break
- 13:30 – Functional splints for peripheral nerve injuries of the hand: the “lively splint” concept
- 14:00 – PRACTICAL SESSION: Functional splint for radial nerve palsy
- 15:30 – Coffee break
- 15:45 – PRACTICAL SESSION: Functional splint for ulnar and median nerve palsies
- 17:30 – End of the day

**For information and registration:
studio@obiettivoergoterapia.ch**

RSVP by 30 September 2026

